

## Personal Characteristics of Effective Counselors

**Blog Series – 78** [September 19, 2020](#) [Statutory other than PoSH – Vol.39](#)

- Have an identity
- Respect & appreciate themselves
- Able to recognize & accept own power
- Open to change
- Make choices which affect their lives
- Feel alive & make life-oriented choices
- Authentic, sincere & honest
- Have a sense of humor
- Make mistakes & admit them
- Live in the present
- Appreciate the influence of culture
- Sincere interest in welfare of others
- Involved in & derive meaning from work
- Maintain healthy boundaries

**Anandan S**

**Feature Writer, Skill Enhancer & Webinar Specialist**